



HEALTH AND SAFETY FORM

Temple Har Shalom (adapted from URJ)

The information on this form is gathered to assist us in identifying appropriate care. The more information we have, the better able we are to ensure a safe and healthy event. This form is to be filled in by parents/guardian of minors. **NO DOCTORS VISIT REQUIRED.**

Return signed and completed form to your congregation.

Form must be signed by participant, parent/guardian & congregational representative.

Name Last _____ First _____ Middle _____

Gender: M F Birth Date _____ Age _____ Grade in School _____ Email _____

Participant Phone _____ Participant Cell Phone _____

Congregation _____ Congregation City, ST _____

Participant lives with: <input type="checkbox"/> Parent/Guardian 1 <input type="checkbox"/> Parent/Guardian 2 <input type="checkbox"/> Both	
Parent/Guardian 1 _____ Home Phone _____ Work Phone _____ Cell Phone _____ Home Address _____ City _____ State _____ Zip _____ Country _____	Parent/Guardian 2 _____ Home Phone _____ Work Phone _____ Cell Phone _____ Home Address _____ City _____ State _____ Zip _____ Country _____

EMERGENCY CONTACT INFORMATION

If Parent(s)/Guardian(s) are not available in an emergency, please contact:

Name _____ Relationship _____

Home Phone _____ Work Phone _____ Cell Phone _____

Allergies: No known allergies This participant is allergic to: Food Medicine Environmental (insect stings, hay fever, etc) Other
 (Please describe below what participant is allergic to and the reaction seen.) If necessary please attach a separate sheet.

INSURANCE INFORMATION

Is the participant covered by family medical/hospital insurance? Yes No

If so, indicate carrier/plan name _____ Group # _____ Policy # _____

Carrier Address _____

Claims/Phone Authorization # _____ Co-Pay Amount _____

Name of Insured _____ Relationship to Participant _____

PRESCRIPTION PLAN INFORMATION

Name of Insured _____ Insured SS# _____ Relationship to Participant _____

Company Name _____ Group # _____ Policy # _____

Prescription Information # _____ Co-Pay Amount: Generic _____ Brand _____

**PARTICIPANT
NAME:**

HEALTH HISTORY

GENERAL QUESTIONS - Explain "yes" answers below

Has/does the participant:	YES	NO		YES	NO
Had any recent injury, illness or infectious disease?	<input type="checkbox"/>	<input type="checkbox"/>	Ever had treatment for drug/alcohol abuse?	<input type="checkbox"/>	<input type="checkbox"/>
Have a chronic or recurring illness/condition?	<input type="checkbox"/>	<input type="checkbox"/>	Have a history of smoking? If so, how many?	<input type="checkbox"/>	<input type="checkbox"/>
Ever been hospitalized?	<input type="checkbox"/>	<input type="checkbox"/>	Ever had problems with joints (e.g., knees, ankles)?	<input type="checkbox"/>	<input type="checkbox"/>
Ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	Have an orthodontic appliance being brought to camp?	<input type="checkbox"/>	<input type="checkbox"/>
Have frequent headaches?	<input type="checkbox"/>	<input type="checkbox"/>	Have any skin problems (e.g., itching, rash, acne)?	<input type="checkbox"/>	<input type="checkbox"/>
Ever had a head injury?	<input type="checkbox"/>	<input type="checkbox"/>	Have diabetes? (Date of onset)	<input type="checkbox"/>	<input type="checkbox"/>
Ever been knocked unconscious?	<input type="checkbox"/>	<input type="checkbox"/>	Have asthma? (Date of onset)	<input type="checkbox"/>	<input type="checkbox"/>
Wear glasses, contacts or protective eye wear?	<input type="checkbox"/>	<input type="checkbox"/>	Had mononucleosis in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>
Ever had frequent ear infections?	<input type="checkbox"/>	<input type="checkbox"/>	Had problems with diarrhea/constipation?	<input type="checkbox"/>	<input type="checkbox"/>
Ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have problems with sleepwalking?	<input type="checkbox"/>	<input type="checkbox"/>
Ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have a history of bed-wetting?	<input type="checkbox"/>	<input type="checkbox"/>
Ever had seizures/convulsions?	<input type="checkbox"/>	<input type="checkbox"/>	Ever had an eating disorder?	<input type="checkbox"/>	<input type="checkbox"/>
Ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Ever had emotional difficulties for which professional help was sought?	<input type="checkbox"/>	<input type="checkbox"/>
Ever had high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>	Ever been diagnosed with ADD/ADHD?	<input type="checkbox"/>	<input type="checkbox"/>
Ever been diagnosed with a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>	Ever been diagnosed with depression	<input type="checkbox"/>	<input type="checkbox"/>
Ever had back problems?	<input type="checkbox"/>	<input type="checkbox"/>	Ever been diagnosed with Autistic Spectrum Disorder.....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>			

Please explain any "yes" answers, noting the number of the question being addressed.

PRESCRIPTION MEDICATIONS BEING TAKEN

List all prescription medications. Bring enough medication to last entire time at the event. Keep it in the original packaging bottle that identifies the prescribing physician, name of the medication, dosage, and frequency of administration. Participants are responsible for keeping and administering their own meds.

- This person takes **NO** medications on a routine basis.
- This person takes medications as follows:

Med #1 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #2 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Attach additional pages for more medications or information about side effects.

OVER THE COUNTER MEDICATIONS

My child may be given over the counter medications (such as headach relief medicine, cough drops, decongestants, etc.) Yes No

List any over the counter medications that may **NOT** be administered:

RESTRICTIONS

Dietary

- Does not eat red meat
- Does not eat fish
- Does not eat eggs
- Does not eat poultry
- Does not eat dairy products
- Kosher (please note: Kosher food may not be available)
- Other (describe) _____

Explain any restrictions to activity (e.g., what cannot be done, what adaptations or limitations are necessary).

**PARTICIPANT
NAME:**

Health and Safety Authorizations - PARENT/GUARDIAN SIGNATURE REQUIRED

Disclosure of Medical Information

I understand that Temple Har Shalom as an entity is not subject to HIPAA and therefore is not covered by HIPAA regulations concerning patient medical records. I also understand and agree that situations may necessitate that my child's medical information be shared with the event staff and/or event medical staff. I give permission to any Health Care Provider, such as a hospital or physician to share my child's medical information with the event medical staff, for treatment purposes.

Health and Safety

This health history is correct and complete to my knowledge. The person herein described has permission to engage in all program activities except as noted. I hereby give permission to Temple Har Shalom to provide routine health care, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to Temple Har Shalom to arrange necessary related transportation for my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician/health care provider selected by Temple Har Shalom to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied and stored electronically, for access in an emergency.

B'rit Kehillah—Code of Conduct

We understand that part of this experience involves activities, group living arrangements and interactions that may be new to my child. These things come with certain risks and uncertainties beyond what my child may be used to dealing with at home. I am aware of these risks, and I am assuming them on behalf of my child. I realize that no environment is risk free and so I have instructed my child on the importance of abiding by the B'rit Kehillah—Code of Conduct. My child and I both agree that he or she is familiar with these rules and will obey them. We further understand that sanctions imposed by the Event Director for violation could include immediate expulsion from the event, at the expense of the parent or guardian.

Event Transportation

I give my permission for my son/daughter to be driven to and from the event by authorized vehicle (plane, bus or automobile) transportation. I understand that my son/daughter may not drive to or during the event. I agree to indemnify and hold harmless my congregation and Temple Har Shalom, their employees, volunteers, and members from any harm which may come to my son/daughter while driving to, from or during the event. Temple Har Shalom has my permission to use any recording, or other depiction of (whether by sound, video, photography or other means) or testimonials by (written or verbal) my child or any family member for the purpose of promoting Temple Har Shalom and its programs.

Signature of Parent/Guardian _____ Date _____

B'rit Kehillah/Code of Conduct Agreement - PARTICIPANT & PARENT SIGNATURE REQUIRED

B'rit Kehillah—Code of Conduct I have read the B'rit Kehillah—Code of Conduct and I understand that these rules of behavior apply from the time I leave home for the event, during the event itself, and until I return home after the event.

Signature of Participant _____ Date _____

Signature of Parent/Guardian _____ Date _____



TEMPLE HAR SHALOM
BRIDGING GENERATIONS

B'RIT K'HILAH - CODE OF CONDUCT

ברית קהילה

I will promote the creation of a religious youth community based on mutual respect and a sense of personal well-being. I will treat others with kavod (honor and respect) because we are created b'tzelem Elohim (in the image of God). I have read the following rules, designed to promote the health and safety of all event participants, and have indicated my complete acceptance by my signature and that of my parent/guardian.

I will not possess, consume, or distribute alcoholic beverages, other than that served by adult leadership for Jewish sacramental purposes, even if I am of legal drinking age.

I will not possess, use, or distribute any illegal drug or drug paraphernalia.

I will not smoke, consume, or distribute tobacco products at any time during the event.

I will attend and participate fully in the entire event, unless otherwise agreed upon with the adult chaperone from my congregation. I will arrive on time, stay until the end, and remain on the event premises at all times.

I will not bring or use any weapons, firearms, or anything that may be construed as a weapon.

I will not commit any illegal act. I understand that vandalism, disturbing the peace, or other inappropriate behavior as determined by the adult leadership will not be tolerated. I understand that I will have to pay for any damage that I cause. I understand that no gambling is allowed.

I will abide by the event curfew announced by the leadership. At the end of each evening, I will go directly to my hotel room and remain there until the next morning. I will only go into my hotel room and will not invite others into my room.

I understand that no guests are allowed at the event, unless the trip leadership grants permission in advance, and that any unauthorized guests will be asked to leave immediately.

I will not drive to, during, or from the weekend, unless advance permission for a special situation is requested in writing by my parent/guardian and granted in writing by the adult chaperone from my congregation. This includes driving from my home to the trip.

I will not participate in any activities that could be deemed as hazing, sexually harassing, demeaning or hurtful.

I agree to refrain from inappropriate sexual behavior.

I agree to abide by any additional rules which may be announced, and to accept the consequences of their violation.

I understand that these rules of behavior apply from the time I leave home for the event, during the event itself, and until I return home after the event.

My signature, and the signature of my parent/guardian, on the attached Health and Safety Form for Temple Har Shalom affirm my agreement to the rules and policies of Temple Har Shalom and this B'rit K'hilah.

Please keep this page for your records.